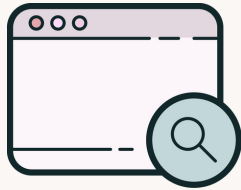


HOW TO USE

Life Master File



01 - Fill in the blanks

Add in the details to

Your mission/ Vision

Dreams / Goals

Ethics and rules

Regular Commitments

Labels and Roles

Upcoming Events

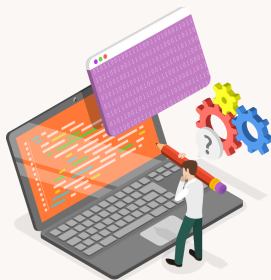


02- Personalise

Change cover

Add in your favourite quotes

Add in pictures you like



03- Edit your database

There are five databases in the
Master file

Projects, Reading list, Watch list,
Dreams and goals, Tools and Apps



04 - Enjoy

I use this every day, so I hope you'll enjoy it
as much as I do.

PS: This is not an organising tool. It's
designed to help you see a bird's-eye view
of the core elements in your life, so you can
make the best decisions possible.

[CLICK HERE TO GET THE
NOTION TEMPLATE](#)